

■ Hair Removal

LASER HAIR REMOVAL... FOR WOMEN.

Upper Lip	\$60	Chin	\$60
Upper Lip & Chin	\$85	Side Burns	\$50+
Underarms	\$85	Half Arms	\$125
Full Arms	\$250	Chest	\$100+
Areola	\$25	Abdomen	\$125+
Regular Bikini	\$95	Extended Bikini	\$175
Brazilian	\$249	Lower Legs	\$250+
Thighs	\$350+	Full Legs	\$550+
Toes	\$25	Feet	\$30

Consultations are complimentary. Packages available. Other treatment areas available upon request.

WAXING

Brows	\$28	Lip or Chin	\$25
Lip & Chin	\$40	Full Face	\$50
Full Leg	\$80	Full Leg w/Bikini	\$95
Lower Leg	\$49	Upper Leg	\$60
Bikini Line	\$45	Full Arm	\$49
Half Arm	\$39	Underarm	\$35
Brazilian	\$80		

TINTING

Eyebrow	\$25
Eyelash	\$30
Eyebrow and eyelash	\$45
Eyebrow wax and tint	\$50
Complete eyes (lash, brow tinting & shaping)	\$65

■ Hands & Feet Treatments

Ease tension and stimulate circulation in the hands and feet. These complex mechanisms of bone and soft tissue deserve to be treated to a nourishing exfoliation, massage and nail care.

LIFE STILES SIGNATURE MANICURE OR PEDICURE

Performed in our Shiatsu Massage Chairs.

Manicure	\$55
Pedicure	\$80

LIFE STILES DELUXE MANICURE OR PEDICURE

Includes a warm paraffin and exfoliating scrub.

Manicure	\$79
Pedicure	\$104

LIFE STILES EXCLUSIVE MANICURE OR PEDICURE

Performed in a bed in our private treatment rooms.

Exclusive Manicure	\$55
Exclusive Pedicure	\$95
Deluxe Exclusive Manicure	\$79
Deluxe Exclusive Pedicure	\$119

ENHANCEMENTS

French manicure or pedicure	\$15
Heavy callus removal	\$15
Foot & lower leg exfoliation	\$15
10 minutes extra massage	\$15
Paraffin dip	\$20

LIFE STILES

MASSAGE | LASER | SPA

10314.124 STREET, EDMONTON, AB

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LIFESTILES.CA

spa
menu



LIFE STILES

Welcome to Life Stiles

Welcome to Life Stiles – where skincare and personal well being are our passion. Life Stiles was created from a desire to bring advanced aesthetics and personal pampering to our clients and their families. Our philosophy combines the highest quality services with natural beauty and health products to ease in living your best life every day.

With over 25 years of experience, we understand the need for care and excellence in order to achieve the most desirable results. These values have been woven into the development of Life Stiles. We take extreme delight in extending to you and your family a devotion to consistency, professionalism and expertise to each of our clients. While in the comfort of our facility, we promise to help you master the art of relaxation and cultivate your own personal passion for beauty. All Life Stiles services are designed to seamlessly wrap around your personal wellness needs.

Relax. Enjoy. Live well.

Please refer to our website for full descriptions of each treatment, information on our spa environment, as well as additional services and spa policies. www.lifestiles.ca



Life Stiles Signature Facials

Escape to the world of fragrance, softness and well-being. Our traditional signature facials are a real star treatment that envelopes you from head to toe to provide you with a total spa experience.



FACIALS

Le Grande Classique	\$140
Alpha Vital	\$165
Advanced Optimizer	\$165



FACIALS

Hydradermie Facial	\$165
Hydra Peel Facial	\$155
Abrasion Facial	\$155

Enhance any facial with:

Eye Lift Serum	\$25
Neck Firming	\$25

NEW SILKPEEL™ DERMALINFUSION™ FACIALS

SilkPeel™ is a non-invasive skin rejuvenation procedure offering advanced exfoliation and the delivery of condition-specific topical.

Four treatment options are available:

Lumixyl (Brown Spots)	each \$185
Vitamin C (Anti-Aging)	
Hydrating (Moisturizing)	
Clarifying (Acne)	

JANE IREDALE THE SKIN CARE MAKEUP® MAKE-UP APPLICATION

Make-up Consultation	*\$45
<i>(*Complimentary with \$75 Jane Iredale product purchase)</i>	
Make-up Application	\$85

Massage Therapy

Restore balance, health and wellness with the timeless techniques of massage therapy. Each session begins with a consultation to address your areas of concern and provide focus in the massage. We recommend a return visit once every 3 weeks for optimal health maintenance.

MASSAGE

40 / 60 / 90 min	\$75 / \$95 / \$125
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HOT STONE MASSAGE

80 / 100 min	\$169 / \$199
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All 90 minute massage treatments include an aromatic steam shower. Our massage therapists are Registered Massage Therapists.

Body Scrubs

HYDRALESSENCE CORPS	\$185
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An intense stress relief of the body, mind and spirit.

AROMATIC BODY MINCEUR	\$160
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Targeting cellulite prone areas.

SUGAR-KIWI BODY POLISHER	\$85
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A complete body exfoliation treatment.